

What to Do if I or My Family Is a Victim

Our sincerest apologies if you or a loved one has been affected by a digital crime or online threat.

STAY CALM AND ASSESS

- Take a deep breath.
- What happened?
- Gather any evidence (emails, messages, screenshots).

SEEK SUPPORT AND RECOVER

- Talk to a trusted person or mental health professional.
- Connect with online safety organizations or support groups.
- Take steps to recover your identity or data if needed.
- Learn from the experience and take steps to prevent future incidents.

SECURE AND REPORT

- Disconnect from the internet if your device is infected.
- Change passwords for compromised accounts.
- Enable 2FA on all accounts.
- Run a virus scan.
- Report the incident to authorities (law enforcement, FTC, social media platform).
- Contact your bank or credit card company if financial accounts are affected.
- Contact your local law enforcement agency.
- Reach out to a trusted computer store or technician.

Remember: You are not alone. Help is available.

My Trusted Contacts

| Name | Phone Number | Relationship/ Business |
|------|--------------|------------------------|
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Visit familyhometech.com for more advice and helpful information.

Stay safe and informed!

